



The Regional Partnership Board meets quarterly and is made up of Cardiff Council, Vale of Glamorgan Council, Cardiff & Vale University Health Board, Welsh Ambulance Services NHS Trust, Third & Independent sectors and carer representatives. Our aim is to improve the health and wellbeing of the population and how health and care services are delivered.

This is a summary of the July 2021 Board which can be shared across your organisations.

Welsh Government Programme for Government

Abigail Harris, Executive Director of Planning, updated RPB Members on the Welsh Government's new Programme for Government, published after the recent election. She highlighted that the Welsh Government welcomed increased integration, but wanted to see this go further and at a faster pace and to see greater parity between health and social care. They also identified fair pay and the living wage for staff in both commissioned and statutory services as key issues (latest Ministerial statement). The Welsh Government:

- Wanted to see health and social care recover and move on from COVID 19;
- Wanted winter planning to be clearer and more advanced;
- Was focused on ensuring that children received better support with their emotional wellbeing and mental health by developing more appropriate, responsive and joined up services.

Cath Doman, Director of Health and Social Care Integration, updated the RPB on the current position on partnership funding beyond March 2021. It is expected that Welsh Government will announce arrangements in the autumn, with more detail to follow in December.

Contributions from partners:

"Are we also able to get some research to understand why there is this growing demand so that we can put in place some action/support into preventative work?"

"We're seeing increasing levels of distress in our CYP services in Platform, and lots of bouncing around the system - further traumatising all involved."

Short term funding risk assessment and planning

Meredith Gardiner, Programme Manager, Health, Social Care and Wellbeing, briefed the RPB on work to understand the impact of potential changes to Welsh Government short-term funding on services as current arrangements come to an end in March 2022. The RPB is taking the opportunity to meet with the people delivering these projects to discuss how they might move forward. The RPB is exploring how we maintain what have become essential core services, alongside transforming and reforming the way we delivery health, social care and wellbeing services in the future.



Three New Partnerships

The RPB has established new arrangements to help the RPB accelerate delivery of [A Healthier Wales](#). The partnerships are based on life stages and will be focused on priorities that need partners to work closely to improve outcomes for people in need of health and care services across the region. The RPB heard from the leads of each of the new partnership and agreed where each should focus its attention.

Starting Well Partnership

Sarah McGill, Corporate Director, People and Communities, Cardiff Council and the Executive Lead for the Starting Well Partnership, briefed the RPB on the priorities and programme of work of the newly formed partnership on behalf of the partners. They are currently considering how the Partnership can best work together to address priorities for the health and wellbeing of children and young people in the region. There are common areas where there is growing high demand, for instance around mental and emotional health. The Partnership is working to ensure that they are able to respond better to growing need in this area.

The RPB agreed the following priorities for the Starting Well Partnership:

- Implementation of the [whole school approach](#);
- A regional framework for locality delivery;
- A joined-up approach to mental health and emotional wellbeing;
- Regional resources for children and young people with complex health and disability needs;
- Better support for additional learning needs.

Living Well Partnership

The RPB is taking its time to consider the role of the Living Well Partnership to ensure that it adds value and doesn't duplicate what is already working well. It runs the risk of becoming all-encompassing and unmanageable, so the RPB discussed where they should focus. There is the opportunity to link closely with the Public Service Boards as there are many areas that overlap and the PSBs consider the wider determinants of health and wellbeing.

"In both mental health and learning disabilities we have people in levels of care which are probably above their needs, but we haven't had enough giving us an ability to develop new initiatives to transform services so more care and support can be delivered locally so people can remain living in their local communities. We have very few joint packages of care - particularly in relation to MH but think there is an opportunity here - but we will need to provide some programme/planning support."

"There are lots of opportunities for third sector organisations/housing associations to support the Health Board and Local Authorities with supporting people to step-down from long-term residential care, integrate into local communities, achieve better outcomes for people and reduce costs of high support placements. We have lots of examples of supporting people to transition to their own accommodation, reducing support hours gradually and enabling people to live independently. It does take planning and time to identify the right people and right accommodation."

The RPB will work with the PSBs to develop the most effective approach to addressing the health and wellbeing needs of the working age population in our region.

Ageing Well Partnership

Abi Harris, the Executive Lead for the Ageing Well Partnership on behalf of the partners, briefed the RPB on their emerging priorities. The RPB agreed the following:

Priority programmes of work for 21/22 – 22/23

- Delivering the @Home programme; including access to services, spreading the good practice from the South West cluster, intermediate care, Health and Wellbeing Centre Development, digital enablers and business intelligence;
- Delivering the National Dementia Standards and ensuring dementia is a priority for the RPB. Permanent funding has been secured to continue to improve dementia care that works well for all that need it and their carers;
- Developing older peoples' accommodation, care and support that is culturally sensitive and can meet a wide range of needs.

Other Business

Suicide and Self Harm Strategy

Chris Emmerson led an important discussion which highlighted that Cardiff and Vale UHB's Suicide and Self Harm Strategy 2021-24 was currently out for consultation. This strategy focuses on prevention and early intervention as well as developing services that are holistic and person-centred. They envisage a future where every person at risk of, or affected by, suicide and self-harm gets the right support, at the right time, in the right way, to meet the needs of the diverse population of Cardiff and Vale.

cooperation
engagement
constructive
inclusive

Move More Eat Well

The RPB agreed to champion the Move More Eat Well project.



#movemoreeatwell

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